Feis Check List for Beginners

Soft shoes (remember to double knot those laces!)
Hard shoes (if needed)
Bubble Socks
Sock glue
Plastic Card holder and ribbon
Entry number card (if it came in the mail)
Head band or crown
Wig (if they wear one)
Bobby Pins
Water bottle
(Be sure to have Lollipops on under uniform skirt)
Feis Kit (A soft pencil case/little make up bag/or Ziploc bag works great)
Safety Pins
Little scissor
Band aids
Hair clips
Lip gloss
Shoe polish
Tylenol (children's)
Aspirin (for you!)
A folding chair and beach blanket for an outdoor Feis is a
must. And even for some regular ones. Seating is

limited.